Covid 19

* Information

Coronavirus disease 2019 (COVID-19), commonly known as COVID or the coronavirus, causes severe acute respiratory syndrome (SARS-CoV-2).

Transmission can occur if infected fluids are splashed or sprayed in the eyes, nose, or mouth, as well as via contaminated surfaces. People can be infectious for up to 20 days after contracting the virus, and they can spread it even if they don't show any symptoms.

On February 11, 2020, the WHO announced the official designations COVID-19 and SARS-CoV-2. According to Tedros Adhanom, CO stands for corona, VI for virus, D for disease, and 19 for 2019 (the year in which the outbreak was first identified).

<https://www.who.int/health-topics/coronavirus>

* Symptoms

*Most common symptoms*:

* fever
* cough
* tiredness
* loss of taste or smell

*Less common symptoms:*

* headache
* aches and pains
* diarrhoea
* red or irritated eyes

*Serious symptoms*:

* difficulty breathing or shortness of breath
* chest pain
* Precautions

*To prevent the spread of COVID-19*:

* Maintain a safe distance from others (at least 1 metre)
* Wear a mask in public.
* Choose open, well-ventilated spaces over closed ones. Open a window if indoors.
* Clean your hands often. Use soap and water, or an alcohol-based hand rub.
* Get vaccinated when it’s your turn. Follow local guidance about vaccination.
* Stay home if you feel unwell

For more information, please visit <https://www.who.int/health-topics/coronavirus>